

What's On the Menu

Analytical Laboratories, Inc. 1804 N. 33rd Street Boise, Idaho 83703 Date Report Printed: 4/28/2008 Phone (208) 342-5515 http://www.analyticallaboratories.com	Serving Size	Actual Fat g/Seving	Actual Calories g/Serving	Protein g/Serving	Carbohydrates g/Serving	Published Fat	Published Calories
KNXV P1 CHEESECAKE FACTORY WEIGHT MANAGEMENT ASIAN CHICKEN SALAD	710.4	30.5	596	63.9	16.3	N/A	>590
KNXV P2 APPLEBEE'S CAJUN LIME TILAPIA	342.1	12.7	399	38.0	33.2	6	310
KNXV P3 CHILI'S GUILTLESS GRILL SALMON	486.3	35.5	664	62.7	23.3	14	480
KNXV P4 ON THE BORDER GRILLED CHICKEN FAJITA TACOS	530.2	26.5	654	49.8	54.1	9	570
KNXV P5 TACO BELL FRESCO CRUNCHY TACO	90.3	10.0	171	8.1	12.0	8	150
KNXV P6 CHEESECAKE FACTORY BREAD AND BUTTER	376.9	65.6	1428	33.5	176.0	N/A	N/A
KNXV P7 ON THE BORDER CHIPS, SALSA AND QUESO DIP	597.3	117.1	2067	34.6	218.6	N/A	N/A
KSHB K1 APPLEBEE'S TORTILLA CHICKEN MELT APPETIZER	293.1	21.4	472	34.9	34.9	13	480
KSHB K2 CHEESECAKE FACTORY WEIGHT MANAGEMENT SPICY CHICKEN SALAD	349.3	9.1	350	43.0	24.1	N/A	>590
KSHB K3 CHILI'S GUILTLESS CHICKEN SANDWICH	431.7	23.3	566	40.6	48.4	8	490
WFTS T1 TACO BELL FRESCO GRILLED STEAK SOFT TACO	163.4	19.6	297	14.2	16.0	4.5	160
WFTS T2 APPLEBEE'S ITALIAN CHICKEN & PORTOBELLO SANDWICH	332.2	18.6	395	23.9	32.9	6	360
WFTS T3 CHILI'S GUILTLESS BLACK BEAN BURGER	432.0	32.4	770	37.2	82.5	12	650
WXYZ D2 APPLEBEE'S STEAK AND PORTOBELLOS	409.2	19.6	393	32.7	21.3	10	330
WXYZ D3 MACARONI GRILL POLLO MAGRO "SKINNY CHICKEN"	532.5	49.0	1022	50.1	95.3	6	500
WPTV W1 CHILI'S GUILTLESS CHICKEN PLATTER	477.8	32.5	627	43.0	40.6	9	580
WPTV W2 APPLEBEE'S GARLIC HERB CHICKEN	367.8	18.0	373	47.4	5.1	6	370
WPTV W3 TACO BELL FRESCO BEAN BURRITO	233.0	19.1	449	13.3	55.9	7	330
WEWS C1 MACARONI GRILL SIMPLE SALMON	434.3	35.6	555	50.8	7.8	N/A	>600
WEWS C2 CHEESECAKE FACTORY WEIGHT MANAGEMENT PEAR & ENDIVE SALAD	636.9	49.7	641	40.8	7.6	N/A	>590
WEWS C3 APPLEBEE'S CHOCOLATE RASBERRY LAYER CAKE	78.2	4.2	202	4.1	36.9	3	230
WMAR B-1 CHEESECAKE FACTORY WEIGHT MANAGEMENT CALIFORNIA SALAD	528.1	26.9	392	34.3	3.2	N/A	>590
WMAR B-2 APPLEBEE'S GRILLED CHILI-LIME CHICKEN SALAD	242.9	8.7	162	17.7	3.2	6	250
WCPO APPLEBEE'S CAJUN LIME TILAPIA	422.0	14.3	401	37.6	30.4	6	310
WCPO MACARONI GRILL POLLO MAGRO "SKINNY CHICKEN"	388.0	14.0	320	36.1	12.4	6	500